



## FROM THE FOUNDER AND PRESIDENT



“When you come to a roadblock, take a detour.” *(Barbara Bush)*  
This quote resonates with the thousands of single working moms and their children who deal with the huge “roadblock” of being unable to qualify for state assistance and yet cannot afford the cost of insurance and needed healthcare. WellCare gives them the “detour” directions to find the help they need.

I had the opportunity to speak briefly with Governor Jan Brewer at the Care To Share Forum held at the fair grounds. I shared WellCare’s mission with the Governor and she was not only very aware of our “notch” group but realized how important our volunteers are to support the mission. WellCare’s generous volunteer core of practitioners continues to provide the highest quality of integrated healthcare for our moms and their children. All the WellCare volunteers are of great character, generous and sensitive to the plight of the WellCare mothers and their children. “Great necessities call out great virtue.” *(Abigail Adams)*

*Marge Ebeling  
Founder/President*

## SUPPORT OF WELLCARE FOUNDATION

*Several Friends of WellCare have come up with unique and profitable ways to increase donations that support the integrated healthcare of our single working mothers and their children.*



*Dr. Ingrid Haas at See, Sip and Savor*

Advisory Board Member, Deanne Hodgson, hosted a Silpada Jewelry Design and framed photographic art party in her home to raise funds for WellCare. The gathering was also an opportunity to share Wellcare’s mission with attending guests.

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*Right: Linda and Mackenzie Daniels,  
Silpada Designs Representatives*



Held in a private home, *See, Sip & Savor* offered retail vendors an opportunity to meet new clientele and donate a portion of their proceeds to WellCare Foundation. The invited guests sipped wine, ate appetizers and browsed and purchased many of the wonderful items for sale –including handmade baby clothes, jewelry, artwork, antiques and so much more! Everyone in attendance knew the shopping was for a good cause!

## Welcome Our New Executive Director

Anne Gill recently joined WellCare Foundation as Executive Director. In addition to fiscal management of the organization, she will also be responsible for development, fund raising and marketing.



Anne brings to the position more than 18 years marketing and management experience in both the corporate and non-profit sectors. Her focus in the time ahead will be development and implementation of programs to help strengthen WellCare’s role in our community.

## NEW VOLUNTEER PRACTITIONERS

WellCare Foundation welcomes our new volunteer practitioners.

- Walid Alami, MD
- Brennan Bates, DC
- Bobbi Bennett, DC
- Thomas Blankenbaker, DC
- Gregory Celaya, MD
- Marri Portia Collom, BS, RN
- Patricia Drewes, RN
- Janet Dudley, RN
- Selvoy Fillerup, MD, MSPH, FACS
- Judy Grey, LPC, REAT
- Deven Gujrathi, MD
- Ingrid Haas, MD
- David Hecht, MD, PC
- Lee Laris, DO
- Christopher Menghini, DDS
- Martha Carr Oyler, RN, MS, PSYNP
- Janet Richard, RN, NP
- Tina Rees, LPC
- Brett Roeder, DPM, FACFAS, CWS
- Nancy Romanick, RD
- Ralph Seligmann, MD
- Harry Tamm, MD
- Dat Tran, MD
- Sherry, Tackett, RN, NP
- Shawn Wherry, DC

# I BLOSSOMED

By Cynthia  
*A WellCare Mom*

Rejecting blaspheme  
I took the pain  
And transformed it  
Started to laugh and dance  
In the rain  
And suddenly a fresh new  
perspective  
I'd gained  
Thoughts were clean  
And life didn't seem  
So mean anymore

I blossomed

Discovered what I'd always heard  
The answer can be expressed  
In just one word  
Self  
Love was the key  
It certainly freed me

Now I hear  
Jazz in my blues  
Now I see  
Love in me

I blossomed

Love makes me wanna' sing  
Love I see in everything

I blossomed



*Support of WellCare Foundation, continued*



*Gail Thiele, a Top Chef for WellCare*

Invited guests paid an entry fee to enjoy epicurean delights in several Board members' homes during *Top Chefs for WellCare*. All entry fees went towards the healthcare of WellCare's single working mothers and their children. In return, the guests were wined and dined on sumptuous entrees, fine wine and decadent desserts. No one argued that it was a tasty way to raise funds for and learn more about WellCare!



Maggi Heiser, local fashion consultant for Doncaster Fashion offered seasonal fashions on sale to a select audience with a portion of the sales going to WellCare Foundation. Women discovered philanthropy is beautiful!



We thank everyone who offered fun and creative ways to support WellCare Foundation. If you would like to be added to our mailing list for any future events, please let us know by contacting us at [602-263-7619](tel:602-263-7619) or [wellcarefoundation.org](http://wellcarefoundation.org).

## MARK OCTOBER 10TH ON YOUR CALENDAR

### *Monte Carlo Night*



Saturday, October 10, 2009 • 6:00 p.m.  
Fiesta Resort Conference Center  
2100 South Priest Drive Tempe, AZ 85282

Cocktails, Hors d'oeuvres, Dinner,  
Gambling for a Good Cause, Silent and Live Auction

\$150 individual tickets • Sponsorships Available  
For more information, contact WellCare Foundation: 602-263-7619

## CHOOSE TO HELP – *Golden Rule in Action*

On May 28th the WellCare Foundation participated in the *Choose to Help – Golden Rule in Action* expo at the Arizona State Fairgrounds. This grassroots event was geared to be a community builder by introducing the Valley's nonprofits to those who are interested in volunteering and helping others. Governor Jan Brewer spoke and encouraged the people of Arizona to live the Golden Rule and treat others the way they would like to be treated.

Living and practicing the Golden Rule will have a powerfully positive effect on each individual and the society in which we all live. WellCare is able to achieve its mission – providing free primary integrated healthcare to single working mothers and their children who make a bit too much to qualify for state aid, but not enough to afford health insurance or to pay for needed healthcare - through the assistance of our volunteer practitioners, and through donations from individuals and corporations. We thank you all for your support and hope you will continue to choose to help WellCare as we choose to help our families achieve their dreams.



*Left to right: Stephen Zabalski, Executive Director, St. Vincent de Paul, Phoenix; Marge Ebeling, Founder/President, WCF; and Governor Jan Brewer*

## A WELLCARE FAMILY'S STORY OF HEALING

WellCare Foundation has been nothing short of a miracle for myself and my two-and-a-half year old son, Luca.

I am a single working mother with no health insurance. As a result, I worried about how I was going to get my baby medical care in order to get him healthy and stop his suffering. During our initial appointment that day, everyone at WellCare Foundation (doctors, nurses, staff, etc.) demonstrated their concern for my baby, Luca, and sent a clear message that I was not alone in this quest. They sprung into action immediately with a referral to see a pediatrician, THAT day! I am SO grateful for the pediatrician, Dr. Bingham, who diagnosed Luca and wrote a prescription in order to address his immediate health issue. However, this was just a symptom of a much bigger problem that would need surgery ASAP.

Marge's determination and tireless advocacy with local hospital administrators, surgeons and anesthesiologists etc., my baby was able to get his much needed surgery. He is now on his way to having a better quality of life!

No words can adequately express just how grateful I am to ALL the dedicated doctors, nurses and staff at WellCare, as well as the key people at St. Joseph's Hospital and of course, the surgeon and anesthesiologist for performing the surgery.

As a single mom, it was wonderful NOT to feel alone during this crucial time. Instead, I felt like I had a team working with me to help my baby. WellCare's concern for Luca and me did not stop when we got a surgery date. As a matter of fact, Marge came to the hospital and sat with me in the waiting area while Luca was in surgery, then sat with Luca and me in post-op!

Being treated with dignity and respect every step of the way by EVERYONE at WellCare, I have certainly felt well cared for. It just goes to show that especially in what we are experiencing in today's hard economic times, one does not know what will happen from one day to the next and how that will ultimately impact one's family, lifestyle, health, etc. I am so grateful that the professionals at WellCare Foundation only saw a baby in dire need of medical care and all rallied to make sure he got it. Plain and simple, with no judgment. They have been our oasis in the desert. Pay it forward? You bet...the FIRST chance I can!

Oh, yeah...they have been telling me how important it is that I too see their doctors/nurses at WellCare, to follow up on my wellness check. Now that my baby is doing better, I suppose it's time to take care of Mom!



*Luca and Patty*

*Eternally Grateful,  
Patty*



*Greg Collins, a WellCare patient has recently been honored as an Eagle Scout. Congratulations Greg!*

## DONATIONS MADE TO HONOR MOTHERS

### *In Honor of:*

#### **MARY KING**

Marilyn Astore  
Marge Ebeling  
Jeanne Ballard  
Nancy Snodgrass  
Catherine Lawson  
Lynn King

#### **MARILYN ASTORE**

Nancy Snodgrass

#### **EMILIE ALBERTOLI**

Nancy Snodgrass

#### **META DE RAADT**

Deanne Hodgson

#### **MARGE EBELING**

Marilyn Astore

### *In Memory of:*

#### **ALVERNA SNODGRASS**

Nancy Snodgrass

#### **GENEVIEVE BOYD**

Sharon Lee

#### **NANCY KELLEY**

Tamara Nezirevic

#### **VIRGINIA CONROY**

Marilyn Astore  
Marge Ebeling  
Nancy Ann Snodgrass

#### **GINO SPADAFORE**

Marilyn Astore

#### **DORIS SMITH**

Charles Smith

#### **DELLROSE MANGERICH**

Margaret O'Brien

#### **ANNIE BOND**

Janet Dudley

#### **OMA GIPSON**

Walter Gipson

#### **TOBY LYNN VOSS**

Deborah Carstens  
Golden Valley Property Management  
Judith Allen  
Kurt Grubisc



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Phoenix, Arizona • 85012

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## FROM THE BOARD CHAIRMAN



*Al Stimac, Board Chair*

Volunteers are the life blood of any non-profit organization and they are extremely important to WellCare. We are thankful to those who take the time to support our moms and families, as well as for their assistance when we need help at community events or assisting one of our networking organizations. Our volunteers are also important to our fund raising events/committees! We pat you on the back and thank you for your helping hands.

I also include our volunteer practitioners for their pro-bono time as well as our Advisory Board and Board members as they give many hours back to the community with their participation.

## WCF RECIPIENT OF COMMUNITY FUNDING COLLABORATIVE

It was announced in May that WellCare Foundation was a recipient of a \$20,000 grant from the Community Funding Collaborative.

Realizing the severe needs of the local social service organizations, a group of ten corporations and foundations banded together, matching funds that were donated by the local community.

WellCare's grant will be used to provide basic healthcare services to our single working mothers and their children.

Marge Ebeling, Founder and CEO of WellCare, stated, "We are grateful for the opportunity to apply for this grant and very pleased that we received the funding. This funding will help us to continue to provide needed healthcare to our mothers and children during these turbulent times."

*WellCare Foundation provides free, integrated healthcare to single working mothers and their children who make too much to receive state assistance and not enough to pay for health insurance or needed healthcare. If you are a single, working mother in need of healthcare or know a single, working mother who does, please phone 602-263-7619 or log on to our website*

[www.wellcarefoundation.org](http://www.wellcarefoundation.org)

*The WellCare Foundation is a 501C3 not-for-profit organization which accepts contributions. Contributions are tax deductible.*