

WELLNESS · WELLBEING

WellCare foundation



December 2011 Vol 6 No 3 | 55 E. Lexington Avenue Phoenix Arizona 85012 | office 602 263 7619 | fax 602 263 4092 | www.wellcarefoundation.org

From the Founder



WellCare has a large paper "Holiday Gratitude Tree" on the waiting room door of our main clinic. Our WellCare mothers and their children take a leaf and write about something they are grateful for or

happy about and put it on the tree. When I read their notes; and see the artwork their children make for us, my eyes well up with tears ... "I am thankful to have found WellCare to take care of my health and give me a better quality of life." "I'm thankful that God led me to WellCare." "They are the greatest – compassionate and friendly." "We are on a path to a new life."

I wish all of our community could have the opportunity to meet our families and feel their love and energy. We've all had that emotional experience of being in a "flat space." Then someone changes that space with special energy and our hearts are lighter. We receive this special energetic gift daily from our courageous, silent warriors, WellCare's single working mothers and their children. It never ceases to amaze and bless me!

May each one of you and your families be blessed with the loving energy of the Holiday Season!

"What you leave behind is not what is engraved in stone monuments, but what is woven into the lives of others."

(Pericles)

Marge Ebeling
Founder/President

Showtime Recap

WellCare Foundation was pleased to host 230 guests at Showtime!, our annual fundraiser held on October 15th at the Sheraton Phoenix Downtown Hotel. The evening featured a silent auction and cocktail reception with a delicious dinner in a supper club type atmosphere.

Dinner was followed by a terrific performance by the Paradise Valley Christian Preparatory dancers, then a musical tribute featuring The Blues Brothers and Rod Stewart. We were also entertained with the comedy of Mark Cordes; musical accompaniment was provided by favorite local band The Herndon Brothers and, of course, the amazing Showstopper Dancers.

Rebecca Thomas from ABC15 was our special guest emcee and Margaret Dunn, CEO of Ollie the Trolley/Dunn Transportation, was the event's Honorary Chair.

Thanks to the generosity of Cardiovascular Consultants, Ltd., all of our sponsors, silent auction donors and guests, we were able to raise nearly 50% more revenue at this year's Showtime event for the WellCare Foundation.

Special thanks to our Event Committee and volunteers who helped put together another memorable evening. We look forward to seeing everyone next year!



Cardiovascular Consultants, Ltd. CEO, Jim Chisolm and wife Susan



Paradise Valley Christian Preparatory Dancers



Emcee Rebecca Thomas (Channel 15) and Honorary Chair Margaret Dunn

New Practitioners

Jonathan D. Koerperick, DDS
Jose G. Fernandez, DDS
Frederick W. Ehmann, LAc

New Board Members

Margaret Dunn of Ollie the Trolley/
Dunn Transportation

Community Support

WellCare Foundation is grateful to have recently received grants from the following corporations and foundations:

- BHHS Legacy Foundation
- SRP
- Blue Cross Blue Shield of Arizona

Discover more about the WellCare Foundation on Facebook!



Meet Jan Lee Sproat, WellCare's Director of Community Outreach

Jan Lee Sproat recently joined the WellCare Foundation as the Director of Community Outreach. Sproat brings wide-ranging experience in nonprofit management, development and capacity building. Sproat most recently worked as the Executive Director of the Arizona Chapter of the Cystic Fibrosis Foundation. She attended the University of Colorado and has a Bachelor degree from the Interior Design Institute of Denver. "Having someone of Jan Lee's caliber in this position will ensure that the Foundation continues to grow in its ability to support single working mothers and their children who strive for healthcare in a time of financial straits. Jan Lee is a great asset to the WellCare Foundation. She brings a strong set of professional skills, valuable experience, and I am eager to work with her," said WellCare Foundation Founder, Marge Ebeling. *Welcome aboard, Jan Lee!*

Beth Liguori Promoted to Director of Operations

Beth Liguori, RN, MSN, has been promoted to Director of Operations. If you're not already familiar with Beth, here's the scoop ... she has been with WellCare for two years, first as a Board member, then as Clinical Director. Beth is a Registered Nurse with a Master's degree in Nursing Administration and over the course of 30 years, has worked as a staff nurse, Nursing Executive and In Hospital Executive (CEO).



In her new position as Director of Operations, she will oversee operations including direct patient care, development and implementation of organizational policies and procedures, supervision of staff, collaboration with volunteer Practitioners, feudatory responsibility, and program development/evaluation. *Congratulations, Beth!*

Giving is Receiving

Take advantage of the Working Poor Tax Credit to receive income tax benefits and help those in need.

For single mothers and their children whose lives are affected by poor health, WellCare can give back what illness has taken away.

Receive a dollar-for-dollar tax credit on your Arizona State tax return when you donate to WellCare Foundation.



Contribution Information

Please complete form or contribute online: www.WellCareFoundation.org
(Check all boxes that are applicable)

- YES, we wish to make a tax credit contribution of (married couples filing jointly) \$400
 YES, I wish to make a tax credit contribution of (individuals not filing jointly) \$200
 I WISH to make a tax credit contribution of (other amount) \$ _____

Enclosed is my check for the above amount. Check # _____ OR

Please charge my credit card / Card Type: VISA MC DISCOVER

Card Number: _____ Exp. Date: ____ / ____ Security Code _____

Signature: _____

Name(s) _____

Address _____

City _____ State _____ Zip _____

Email _____ Phone _____



Please send to: WellCare Foundation, 55 E. Lexington Avenue
Phoenix, AZ 85012 | **Fax to: 602.263.4092**

Please make checks payable to WellCare Foundation.

Tax Id# 86-0948883

Thank you for your generous gift

Vounteer Spotlight

I'm Jackie Semerau and in May 2009, I founded the Strong Single Mom Network (www.strongsinglemoms.com), an organization that provides community, resources, and empowerment for Single Moms across the country. In bringing resources to our members, we love to highlight non-profit organizations that focus on helping single moms. This is how I first learned about the WellCare Foundation. I began volunteering on the Event Committee for Showtime. At the same time, the economy was affecting my marketing business. In June 2010, it dawned on me – I WAS a WellCare Mom. With that realization, I began the application process and had my intake appointment with Marge. When I left that appointment, I felt as if a burden had lifted off of my shoulders...a burden I didn't even know was there!



WellCare was there to help me make it through a time in my life when I needed someone to help me stand. Because of their help, and the support of my friends and family, I was able to make it through the tough time. My business is up and I'm no longer in need of WellCare's services. Truly, they provided me with a hand up by taking on my healthcare burden so I could focus on getting my business back to where it needed to be.

Recently, I became partner and Director of Marketing in Diner's Passport, a mobile application that rewards frequent diners (www.dinerspassport.com). The Strong Single Mom Network continues to thrive, with a reach of over 3,300 single moms nationwide. To top it all off, I start every day teaching junior high students the art of dance (my first true love!) at Paradise Valley Christian Preparatory. My students recently performed at WellCare's Showtime benefit, and it was an amazing way to show them how dance can help their community. My life is full, and I am blessed in this season of success! I'm happy to give back to WellCare in any way that I can. By helping this organization, I know I'm a small part of being there for other single moms, a group that typically does not ask for help. I can't thank WellCare enough for what they provide!

I was asked to share what I'm passionate about. That's easy: my relationships with God, my family, and others. Above all, I live each day for my two beautiful daughters, Mattison (12) and Sophia (10). They are the lights of my life, and my motivation to live life to the fullest!

Note from a WellCare Mom



As a child you have no worries, and then you get shot into adulthood, with the harsh reality of providing your own healthcare. Often times your company will provide health care for their employees but at a very high price. Then your next choice is to turn to the government for help. Far too often, single mothers like me, who have good paying jobs, and work extremely hard, do not qualify for these benefits, even though we desperately need the assistance.

I came across WellCare Foundation through a quick Google search, looking for a place to help single moms like myself. I read through the website and was absolutely amazed at the work that they provide for single moms and their children. I applied and heard back within a couple of days. From the moment I walked into the office I was greeted with open arms. The staff is amazing!



Throughout my life I've gone to several doctors, but I have never experienced the compassion that all of the staff at the WellCare Foundation offer. They not only care about your physical being, but your spiritual and emotional being as well. As a single mother you tend to know other single moms without health insurance. Many of my friends have applied at the clinic. The WellCare Foundation has not only changed my life but it is changing my friends' lives as well. We can take what we've learned from the WellCare Foundation and pass it on to those who we hold so dear to our hearts. I don't think the WellCare Foundation realizes how many lives it changes on a daily basis but I am so honored and thankful that I am a part of this amazing family.

– Charraun



Fresh Start
Women's Foundation

Mark Your Calendar

WellCare Foundation is proud to be partnering with Fresh Start Women's Foundation to present the inaugural Health & Wellness Fair, scheduled for **Saturday, February 4, 2012, from 10 a.m. to 2 p.m.** This event will be entirely free and open for women and children, and will feature health screenings, information, healthy tips, giveaways, and more. So, Moms, put this free, fun event on your calendar now!

If you're interested in information on participating as a vendor, please email WellCare's Community Outreach Coordinator, Jane Cisneros, at jcisneros@wellcarefoundation.org.

Get involved: www.WellCareFoundation.org

Giving Tree Update



If you've ever visited a butterfly garden, you know what WellCare's gorgeous Giving Tree looks like. As you enter the office in our main clinic, our hand-painted tree is festooned with a variety of exotic winged creatures. Each butterfly has the name of the generous donor and donation amount that assists in providing direct healthcare services to WellCare mothers

and children as well as funding general operations. Over 100 beautiful butterflies, representing donations from \$500 to over \$100,000, adorn the tree. We are most grateful for the support and generosity of the community of WellCare friends. We have room for many more butterflies on the Giving Tree and would love to add one for you!

Chairman's Report

Celebration, Stability, Change, Needs and Thanks. These are reflections of your outgoing Chairman since when we start the new year, Sue Hasenstein will lead us forward to another step of growth.

Celebration is for our friend-raising and fund-raising Showtime event with many thanks to our Event Committee. Stability because we have become a stronger organization and reorganized to have a

Director of Operations and a Director of Community Outreach, as well as achieved higher levels of grants and donations. Change as a result of new leadership and new Board members. Needs because I will never stop speaking for moms and kids we can help and for medical assistance on a pro bono basis. Thanks to all the people that make WellCare work through the toil of their labor and the donations of their time and resources to our mission.

Kind Regards,
Al Stimac, Board Chair

P.S. Don't forget the Working Poor Tax Credit available for your year end donations!

